

Archdiocese School Food Service  
Breakfast Menu K-8

# August 2022



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 <b>Banana Muffin</b> Fresh Fruit Whole Fruit Milk	9 <b>Lucky Charms Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	10 <b>Bagel &amp; Cream Cheese</b> Fresh Fruit Whole Fruit Milk	11 <b>Multi Grain Cheerios Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	12 <b>Coffee Cinnamon Crumble</b> Fresh Fruit Whole Fruit Milk
15 <b>Mexican Concha</b> Fresh Fruit Whole Fruit Milk	16 <b>Trix Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	17 <b>Mini Bagel &amp; Sunbutter Cheese</b> Fresh Fruit Whole Fruit Milk	18 <b>Coco Puffs Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	19 <b>String Cheese &amp; Graham Crackers</b> Fresh Fruit Whole Fruit Milk
22 <b>Yogurt</b> <b>Graham Crackers</b> Fresh Fruit Whole Fruit Milk	23 <b>Cinnamon Toast Crunch Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	24 <b>Strawberry Muffin</b> Fresh Fruit Whole Fruit Milk	25 <b>Maple Waffle</b> Fresh Fruit Whole Fruit Milk	26 <b>Bagel &amp; Cream Cheese</b> Fresh Fruit Whole Fruit Milk
29 <b>Mexican Concha</b> Fresh Fruit Whole Fruit Milk	30 <b>Coco Puffs Cereal</b> <b>Whole Grain Crackers</b> Fresh Fruit Whole Fruit Milk	31 <b>Coffee Cinnamon Crumble</b> Fresh Fruit Whole Fruit Milk	1-Sep <b>Bean &amp; Cheese Breakfast Burrito</b> Fresh Fruit Whole Fruit Milk	2-Sep <b>String Cheese &amp; Strawberry Nutrigrain Bar</b> Fresh Fruit Whole Fruit Milk
				<b>WELCOME BACK to School</b>

Menu subject to change without notice.

Menu items may change due to supply chain issues, including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.

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Archdiocese School Food Service  
Lunch Menu K-8

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All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Red/Orange	starchy	Dark Green	Legumes	Other
<p>8</p> <p><b>Cajun Cheese Pasta Salad</b> Carrots Sticks (3/4c) 100% Fruit Juice Milk</p>	<p>9</p> <p><b>Beef &amp; Cheese Nachos</b> w/ Pinto Beans (3/4c) Fresh Fruit Milk</p>	<p>10</p> <p><b>Oriental Chicken Tortilla Wrap</b> Broccoli Salad (3/4c) Fresh Fruit Milk</p>	<p>11</p> <p><b>Penne Pasta and Meat Sauce (3/4c)</b> Whole Kernel Corn (3/4c) 100% Fruit Juice Milk</p>	<p>12</p> <p><b>Cheeseburger</b> w/ carrot sticks (3/4c) Fresh Fruit Milk</p>
<p>15</p> <p><b>Marinara Cheese Pasta Salad</b> Carrots Sticks (3/4c) 100% Fruit Juice Milk</p>	<p>16</p> <p><b>Chicken Tamal</b> w/ Pinto Beans (3/4c) Fresh Fruit Milk</p>	<p>17</p> <p><b>Ham &amp; Cheese Panini</b> Broccoli Salad (1c) Fresh Fruit Milk</p>	<p>18</p> <p><b>Pepperjack Cheeseburger</b> w/ Tater Tots (3/4c) 100% Fruit Juice Milk</p>	<p>19</p> <p><b>Turkey and Cheese Hoagie Sandwich</b> w/ carrot sticks (3/4c) Fresh Fruit Milk</p>
<p>22</p> <p><b>Garlic Pesto Cheese Pasta Salad</b> Carrots Sticks (3/4c) 100% Fruit Juice Milk</p>	<p>23</p> <p><b>Chicken Quesadilla</b> w/ Pinto Beans (3/4c) Fresh Fruit Milk</p>	<p>24</p> <p><b>Cesar Chicken Tortilla Wrap</b> Broccoli Salad (3/4c) Fresh Fruit Milk</p>	<p>25</p> <p><b>Honey BBQ Wings</b> w/ Tater Tots (3/4c) Dinner Roll 100% Fruit Juice Milk</p>	<p>26</p> <p><b>Bean and Cheese Burrito</b> w/ carrot sticks (3/4c) Fresh Fruit Milk</p>
<p>29</p> <p><b>Chipotle Cheese Pasta Salad</b> Carrots Sticks (3/4c) 100% Fruit Juice Milk</p>	<p>30</p> <p><b>Chicken Tamal</b> w/ Pinto Beans (3/4c) Fresh Fruit Milk</p>	<p>31</p> <p><b>Turkey &amp; Cheese Panini</b> Broccoli Salad (1c) Fresh Fruit Milk</p>	<p>1-Sep</p> <p><b>Chicken Nuggets</b> Whole Kernel Corn (3/4c) 100% Fruit Juice Milk</p>	<p>2-Sep</p> <p><b>Ham and Cheese Hoagie Sandwich</b> w/ carrot sticks (3/4c) Fresh Fruit Milk</p>
				<p><b>WELCOME BACK to School</b></p>

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