

Archdiocese School Food Service
Breakfast Menu

March 2022



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY CEREAL OPTION				
Cereal W/ Granola	Cereal W/ Chocolate Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Honey Grahams	Cereal w/Cinnamon Grahams
28-Feb Whole Grain Bagel with Cream Cheese Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk	1 Mango Muffin Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	2 Mini BlueberryPancakes Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	3 Apple Empanada 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	4 Cereal w/ Cinnamon Grahams Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
7 Pan Dulce Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk	8 Banana Bread Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	9 Bean and Cheese Burrito Green Apple (1/2 c) Whole Fruit (1/2 c) Milk Hot Sauce	10 Cranberry Oatmeal Round 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	11 Cereal w/ Cinnamon Grahams Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
14 Cinnamon Delight Applesauce (1/2 c) Whole Fruit (1/2 c) Milk	15 Fruit Yogurt Parfait Granola Fresh Banana (1/2 c) Milk	16 Breakfast Cheese Tamale Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	17 Coffee Cake 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	18 Mini Chocolate Chip Pancakes Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
21 Banana Muffin Flat Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk	22 Mantecada Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	23 Mini Maple Pancakes Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	24 Pan Dulce 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	25 Cereal w/ Cinnamon Grahams Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
28 Whole Grain Bagel with Strawberry Cream Cheese Applesauce (1/2 c) Whole Fruit (1/2 c) Milk	29 Orange Muffin Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	30 Mini BlueberryPancakes Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	31 Apple Empanada 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE



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Archdiocese School Food Service
Lunch Menu

March 2022



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEATURED ENTRÉE OF THE DAY				
<i>Cheeseburger w/ Oven Baked Fries</i>	<i>Cheese Lasagna w/ Tomato Basil Sauce</i>	<i>Beef Nachos w/Tortilla Chips</i>	<i>Chicken Tamale w/ Mixed Vegetables</i>	<i>Bean & Cheese Burrito, Hot Sauce</i>
28-Feb Turkey Taco Burger Oven Baked Fries in meal Green Apple Milk Ketchup	1 Ramen Soup w/ Chicken & Vegetables Baby Carrots (1/2 c) 100% Fruit Juice Milk	2 Cheese Tamale w/ Pinto Beans Cucumber w/Tajin (1/4 c) Fresh Banana Milk	3 Baked Ham w/ Mashed Potatoes Baby Carrots (1/4 c) Fresh Pear Dinner Roll, Milk	4 Bean & Cheese Burrito House Salad w/ Italian Fresh Orange Milk Hot Sauce
7 Corn Dog Oven Baked Fries in meal Green Apple Milk Ketchup	8 Baked Ziti w/ Meat Sauce Baby Carrots (1/2 c) 100% Fruit Juice Milk	9 Chicken Burrito Bowl Jicama w/ Tajin (1/4 c) Fresh Banana WG Oatmeal Cookie Milk	10 Breakfast for Lunch Pancake, Chicken Sausage & Seasoned Wedges, Syrup Baby Carrots (1/4 c) Fresh Pear Milk	11 Mac & Cheese Kale & Gr. Apple Salad w/Ranch Fresh Orange BBQ Popped Chips Milk
14 Chicken Patty Burger Oven Baked Fries in Meal Green Apple, Milk Ketchup	15 Chicken Tortilla Soup w/ Tortilla Chips Baby Carrots (1/2 c) 100% Fruit Juice Milk	16 Turkey Chili w/ Original Popped Chips Cucumber w/Tajin (1/4 c) Fresh Banana Milk	17 Spaghetti & Meatballs Baby Carrots (1/4 c) Fresh Pear Milk	18 Fish Patty Melt House Salad w/ Italian Fresh Orange WG Chocolate Chip Cookie Milk, Ketchup
21 Beef & Pork Hot Dog Oven Baked Fries in meal Green Apple Milk Ketchup	22 Chicken Teriyaki w/ Yakisoba Noodles Baby Carrots (1/2 c) 100% Fruit Juice Milk	23 Beef Picadillo w/Black Beans w/ Nacho Popped Chips Jicama w/ Tajin (1/4 c) Fresh Banana Milk	24 Chicken Drumstick w/Seasoned Wedges Baby Carrots (1/4 c) Fresh Pear Corn Muffin, Milk	25 Red Cheese Enchiladas w/ Red Sauce Mixed Green Salad w/Ranch Fresh Orange Milk
28 Turkey Taco Burger Oven Baked Fries in meal Green Apple Milk Ketchup	29 Chicken Noodle Soup w/ Vegetables Baby Carrots (1/2 c) 100% Fruit Juice Milk	30 Build Your Own Turkey Tacos w/ Refried Beans Tortillas Cucumber w/Tajin (1/4 c) Fresh Banana Milk	31 Chicken Nuggets Mashed Potatoes Baby Carrots (1/4 c) Fresh Pear Milk Ketchup	

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