


Archdiocese School Food Service
Breakfast Menu

February 2022



All entrees served with choice of 1% milk, fat free unflavored or flavored milk. All grain items offered are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY CEREAL OPTION				
Cereal W/ Granola	Cereal W/ Chocolate Grahams	Cereal w/ Cinnamon Grahams	Cereal w/ Honey Grahams	Cereal w/Cinnamon Grahams
31-Jan Whole Grain Bagel with Strawberry Cream Cheese Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk	1 Orange Muffin Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	2 Mini Blueberry Pancakes Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	3 Apple Empanada 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	4 Chicken & Waffle w/ syrup Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
7 Pan Dulce Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk	8 Mantecada Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	9 Bean and Cheese Burrito Green Apple (1/2 c) Whole Fruit (1/2 c) Milk Hot Sauce	10 Mini Soybutter & Jelly Sandwich 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	11 Egg & Sausage Sandwich Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
14 Valentine's Day Cinnamon Delight Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk	15 Fruit Yogurt Parfait Granola Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	16 Breakfast Cheese Tamale Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	17 Coffee Cake 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	18 Mini Chocolate Chip Pancakes Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
21  PRESIDENTS DAY	22 Pan Dulce Fresh Banana (1/2 c) Whole Fruit (1/2 c) Milk	23 Mini Maple Pancakes Green Apple (1/2 c) Whole Fruit (1/2 c) Milk	24 Banana Bread 100% Fruit Juice (4 oz) Whole Fruit (1/2 c) Milk	25 Chicken Sausage & Pancake w/ syrup Fresh Apple (1/2 c) Whole Fruit (1/2 c) Milk
28 Whole Grain Bagel with Strawberry Cream Cheese Dried Fruit (1/2 c) Whole Fruit (1/2 c) Milk				

MENU SUBJECT TO CHANGE WITHOUT NOTICE





This institution is an equal opportunity provider.





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FEATURED ENTRÉE OF THE DAY				
<i>Cheeseburger w/ Oven Baked Fries</i>	<i>Cheese Manicotti w/ Tomato Basil Sauce</i>	<i>Turkey Nachos w/Tortilla Chips</i>	<i>Chicken Tamale w/ Mixed Vegetables</i>	<i>Beef, Bean & Cheese Burrito, Hot Sauce</i>
31-Jan Beef Chili Cheese Fries w/ TortillaChips Oven Baked Fries In meal Green Apple Milk	1 Ramen Soup w/ Chicken & Vegetables Baby Carrots (1/2 c) 100% Fruit Juice Milk	2 Build Your Own Turkey Tacos w/ Refried Beans Tortillas Cucumber w/Tajin (1/4 c) Fresh Banana Milk	3 Chicken Nuggets & Mashed Potatoes Baby Carrots (1/4 c) Fresh Pear Milk	4 Chicken Alfredo Pasta House Salad w/ Italian Fresh Orange WG Chocolate Chip Cookie Milk
7 Corn Dog Oven Baked Fries in meal Ketchup Green Apple Milk	8 Baked Ziti w/ Meat Sauce Baby Carrots (1/2 c) 100% Fruit Juice Milk	9 Chicken Burrito Bowl Jicama w/ Tajin (1/4 c) Fresh Banana WG Oatmeal Cookie Milk	10 Breakfast for Lunch Pancake, Chicken Sausage & Seasoned Wedges, Syrup Baby Carrots (1/4 c) Fresh Pear Milk	11 Mac & Cheese Kale & Green Apple Salad Fresh Orange BBQ Popped Chips Milk
14  Chicken Patty Burger Oven Baked Fries Green Apple, Milk Holiday Cookie, Ketchup	15 Chicken Tortilla Soup w/ Tortilla Chips Baby Carrots (1/2 c) 100% Fruit Juice Milk	16 Turkey Chili w/ Original Popped Chips Cucumber w/Tajin (1/4 c) Fresh Banana Milk	17 Spaghetti & Meatballs Baby Carrots (1/4 c) Fresh Pear Milk	18 Turkey Melt on Steak Roll House Salad w/ Italian Fresh Orange Milk
21  Turkey Taco Burger Oven Baked Fries in meal Ketchup Green Apple Milk	22 Chicken Teriyaki w/ Yakisoba Noodles Baby Carrots (1/2 c) 100% Fruit Juice Milk	23 Beef Picadillo w/Black Beans w/ Nacho Popped Chips Jicama w/ Tajin (1/4 c) Fresh Banana Milk	24 Meatloaf w/Seasoned Wedges Baby Carrots (1/4 c) Fresh Pear WG Corn Muffin Milk	25 Chicken Enchiladas w/ Red Sauce Mixed Green Salad w/Ranch Fresh Orange Milk
28 Turkey Taco Burger Oven Baked Fries in meal Ketchup Green Apple Milk				

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